

# 2019 Tri-County Community Health Needs Assessment



Berkeley County

**221,091**  
population

Census est. 2018

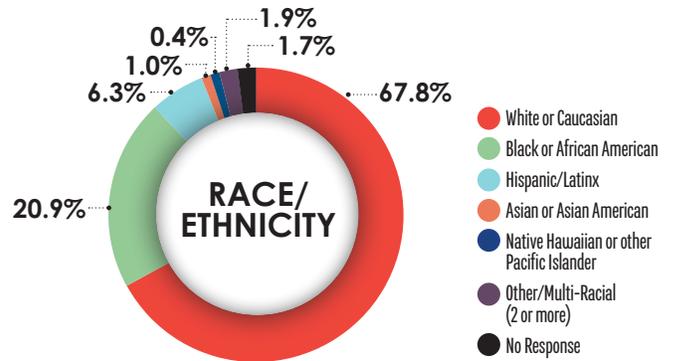
\*Respondents to CHNA:  
Berkeley 41.17%  
N= 1,425

\*CHNA respondents here exclude medical personnel and social service providers.

Average Annual Household Income: \$50,000 – \$74,999

Average Age: 39.5 yrs

Average Level of Education: Associates Degree



## Top 5 Health Concerns

1

**Obesity, Nutrition & Physical Activity**

2

**Access to Care**

3

**Maternal, Infant & Child Health**

4

**Clinical Preventive Services**

5

**Behavioral Health**

### Obesity, Nutrition & Physical Activity



**81.9%** typically eat only OR primarily fresh fruit

vs.

**11.0%** typically do NOT eat fruit



**36.7%**

of county respondents who typically eat fast food more than 1x week.

### Access to Care

**20.8%** of Berkeley County respondents who did NOT state 'I typically can visit the doctor when needed.'



**Top 3 Issues with Accessing Health Care Screenings or Services:**

1. I have insurance, but I cannot afford the co-pay
2. Work schedule
3. I do not have insurance and cannot pay for services



**7.5%** of Berkeley County respondents with no health insurance

### Voices from the Community

"...healthy food is going to cost you more. You don't have no choice,...if you want to eat you've just got to get junk because good healthy food is not that cheap."

**Why It Matters:** Access to quality health care is necessary to **not only** treat illness **but also** to prevent chronic conditions that left untreated, can become life-threatening over time.

### Maternal, Infant & Child Health

#### Top 3 Choices on How to Reduce Complications and Death in Childbirth

1. Allow everyone access to regular prenatal (before birth) care.
2. Educate women on what to expect during pregnancy before they become pregnant.
3. Provide mental health services/ screenings. (including addiction, behavioral health, violence, etc.)



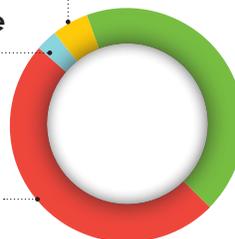
**% of County Respondents** who filled out questionnaire regarding child's development

**5.1%**  
No response

**2.6%**  
Do not remember

**49.4%**  
No

**42.9%**  
Yes



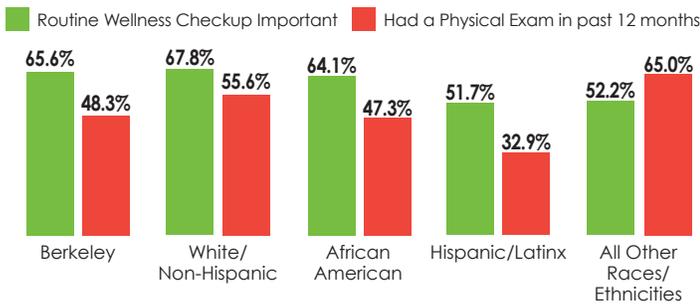
**Why It Matters:** Children are our future. Early identification and treatment of developmental delays and disabilities can prevent death and enable children to reach their full potential. Children who grow up in safe and nurturing neighborhoods are more likely to have better health outcomes as adults.

This profile provides a snapshot of the Berkeley county health landscape based on data captured by the 2019 Tri-County Community Health Needs Assessment (CHNA). The 2019 CHNA was administered by the Healthy Tri-County initiative, powered by Trident United Way, in partnership with core partners MUSC Health and Roper St. Francis Healthcare. Data collection for the 2019 CHNA took place in January and February 2019 with a total of 5,304 respondents. Respondents ranked ten *Healthy People 2020* health topics, the top five of which are captured in this profile.

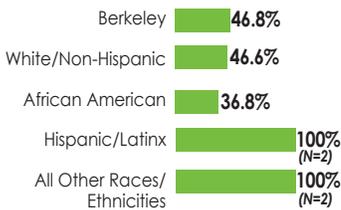
## Clinical Preventive Services

Clinical preventive services include routine disease/diabetes screenings, vaccinations and scheduled immunizations

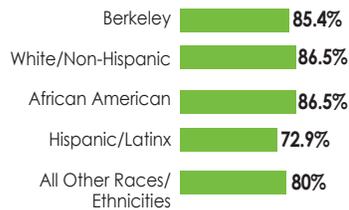
**% of respondents who view routine wellness checkups as important to keep 'you' healthy vs. those who reported having a physical exam(s) in the past 12 months.**



**% of male county respondents (45 – 65) that have had prostate cancer screenings**



**% of female county respondents (21 – 65) that have had a pap smear**



**Voices from the Community:** "I had a neighbor who had diabetes and high cholesterol and he thought: 'as long as I take this pill I don't have to change what I eat. I don't have to worry about exercising.' That kind of thing. And then there is this whole thing against vaccinations."

## Behavioral Health

Behavioral health conditions include mental and substance use disorders.

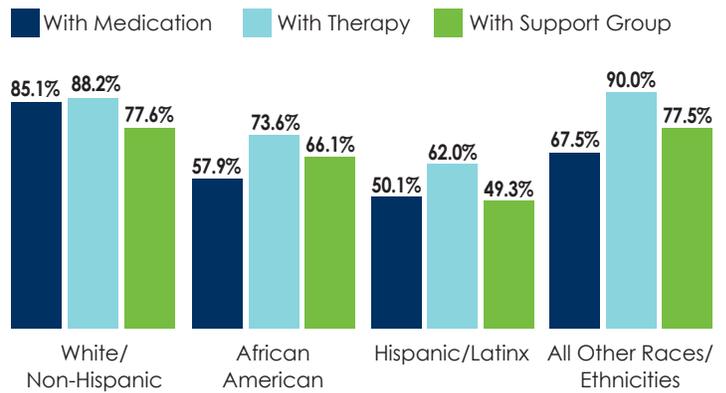
**Top 3 Responses to Where Would You Go for Routine Mental Health Care/Treatment?**

1. Emergency Room
2. Physician's Office
3. Private Clinic

**19%** of Berkeley County Respondents said they are **not exposed to nor** use any tobacco products.



**Is Mental Health Treatable?** % of Berkeley County respondents who believe mental health is treatable via medications, therapy, or support group by race/ethnicity.



**Why It Matters:** While behavioral, mental health and substance misuse are top priorities for many healthcare providers, low perceived need and barriers to care for both disorders likely contribute to low treatment and rates of co-occurring conditions like diabetes, cancer, obesity and others.

## Call to Action

- **Spread Awareness** about 2019 CHNA data among local elected officials, community leaders and within your social networks.
- **Join Healthy Tri-County** either as an individual or organization.
- **Learn more** by emailing [HTCsupport@tuw.org](mailto:HTCsupport@tuw.org) to request the complete 2019 CHNA data file from Trident United Way so you can further analyze to inform strategies and community health programming.
- **Use the data** from the 2019 CHNA county profiles and report to guide-specific actions you or your organization can take.
- **Keep it social** by promoting and sharing 2019 CHNA data on your social media platforms.

Healthy Tri-County (HTC), powered by Trident United Way in partnership with core partners MUSC Health and Roper St. Francis Healthcare, is a multi-sector regional initiative to improve health outcomes in Berkeley, Charleston and Dorchester counties. The long-term, aspirational goal of HTC is to improve the health and well-being of every person and community within the Tri-County region. With **Our Health, Our Future. The Tri-County Health Improvement Plan 2018-2023**, HTC's core partners, SC Department of Health and Environmental Control and the 69 formal members of HTC, we are actively working to address the five health priorities captured in this profile.



To learn more about Healthy Tri-County, visit [www.healthyttricounty.com](http://www.healthyttricounty.com) or contact [HTCsupport@tuw.org](mailto:HTCsupport@tuw.org)